



RICE UNIVERSITY

Apr 30, 2022

Sedigheh Khanifar

has successfully completed

Mindfulness and Well-being: Living with Balance and Ease

an online non-credit course authorized by Rice University and offered through Coursera

A blue ink signature of Dr. Elizabeth Slator.

Dr. Elizabeth Slator
Associate Director, Gibbs Recreation and Wellness Department
Director and Lecturer, Lifetime Physical Activity Program

COURSE CERTIFICATE



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Coursera has confirmed the identity of this individual and their participation in the course.